

Hear all pitches
before they are played —

Less Pressure

Be Sure to Read The Introduction!!

Allow the lips and the continuous flow of air do the work. Hold mouthpiece pressure to a minimum. Relax corners of the mouth and drop lower jaw slightly for the lower intervals! Keep red part of lips curved slightly inward. Breathe deeply but keep arms, shoulders, neck, and upper body fully relaxed.

Slowly ♩ 60

After attack anchor tip of tongue against lower teeth and keep tongue low and well forward. Prepare for drop to lower interval by raising tongue just behind tip to "ee" vowel position on last count of 1st measure. On count one of second measure relax lips, drop lower jaw slightly and return tongue to "ah" vowel position simultaneously.

Slowly

tah-ee-ah , tah-ee-ah ,

Keep all pitches before they are played **LESS**

IMPORTANT= Constantly increase volume of air throughout phrase by gradually increasing the contraction of the abdominal muscles. Prepare lips for upward slur on count four of 1st measure. As you execute slur upward raise tongue just behind tip to "ee" vowel position. Return tongue to "ah" position immediately after upper interval is reached. **NEVER ATTEMPT TO FORCE UPWARD INTERVAL!!**

4

Keep lips in constant motion-contracting upward-relaxing downward.

Slowly

5